



### CLEANING THE LEOPARD

To clean your Leopard One brace, you'll need to disassemble it.

Make note of the Leopard One's parts placement prior to disassembling the brace. We recommend taking a picture of the brace for reference.

Hand wash the brace with mild soap and cool water. Dry flat between towels.



Hand Wash



Do Not Bleach



Dry Flat



Do Not Tumble Dry



Do Not Iron

### WARRANTY

Blue Diamond Orthopedic warrants its spinal braces for one year from the date of shipping.

### INSTRUCTIONS FOR USE

The Instructions in this pamphlet contain general guidelines for using and caring for your brace. They include information on donning, doffing, and cleaning your Leopard One SL back brace.

If your physician's specific orders differ in any way, those orders must supersede these guidelines.

Should you experience pain or swelling while wearing your Leopard brace, immediately contact your doctor or fitter.



## Leopard One SL



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1-407-613-2001

[www.bluedortho.com](http://www.bluedortho.com)

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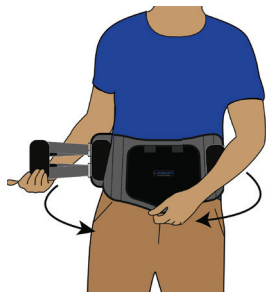
# Leopard SL

# Blue Diamond Orthopedic

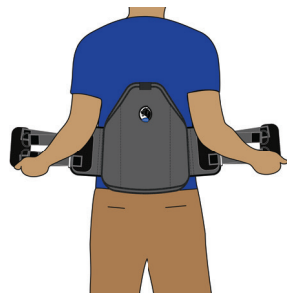
## WE GOT YOUR BACK

### PUTTING YOUR BRACE ON

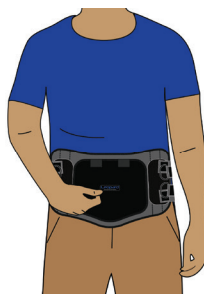
1. Loosen the belt straps on the front of the brace, if they are not already loose, and unfasten the right Velcro side straps.



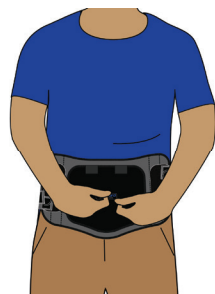
2. Position the brace so it is centered on your back and comfortably aligned with your spine's curve.



3. Holding the front of the brace, fasten the right Velcro side strap to the loop panel.

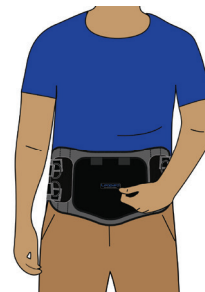


4. Grasp the pull rings of the bottom Velcro straps and tighten them simultaneously. Repeat with the top straps.

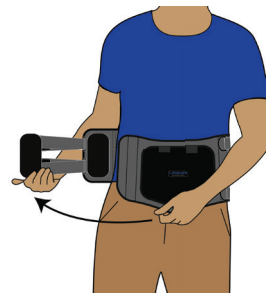


### TAKING YOUR BRACE OFF

1. Loosen the Velcro straps in the front of the brace, placing the Velcro hook onto the vertical loop strips of the side strap assemblies.



2. Hold the brace front with your left hand and pull the right Velcro strapping away from the front panel.



### TIPS FOR WEARING YOUR BRACE

We recommend wearing a cotton t-shirt under the brace. You may wear the brace directly on the skin but it's easier to throw a t-shirt in the hamper than to hand wash and air-dry a Leopard brace.

If donning the Leopard One brace as we've suggested is difficult for you, an alternate method is to lay the brace flat on the bed, lie down on top of it with the back plate in the correct position, then bring the straps over your shoulders. It will be easier to fasten the front this way for two reasons:

1. You won't have to hold the brace in place against gravity.
2. This position allows gravity to pull your soft tissue inward, making it easier to tighten.

When stowing your Leopard brace, take care that the Velcro does not touch knits or other fabrics, as it could cause damage them.