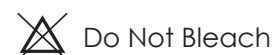


CLEANING THE LEOPARD

Hand wash the brace with mild soap and cool water. Dry flat between towels.



WARRANTY

Blue Diamond Orthopedic warrants its spinal braces for one year from the date of shipping.

TIPS FOR WEARING THE LEOPARD

We recommend wearing a cotton t-shirt under the brace. You may wear the brace directly on the skin but it's far easier to throw a t-shirt in the hamper than to hand wash and air-dry a Leopard One spinal brace.

If donning the Leopard TL brace as we've suggested is difficult for you, an alternate method is to lay the brace flat on the bed, lie down on top of it with the back plate in the correct position, then bring the straps over your shoulders. It will be easier to fasten the front this way for two reasons:

1. You won't have to hold the brace in place against gravity.
2. This position allows gravity to pull your soft tissue inward, making it easier to tighten.

INSTRUCTIONS FOR USE

The Instructions in this pamphlet contain general guidelines for using and caring for your brace. They include information on donning, doffing, and cleaning your Leopard TL back brace.

If your physician's specific orders differ in any way, those orders must supersede these guidelines.

Should you experience pain or swelling while wearing your Leopard brace, immediately contact your doctor or fitter.



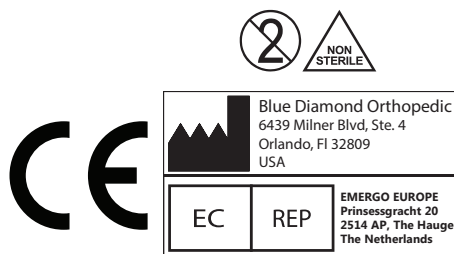
Leopard TL



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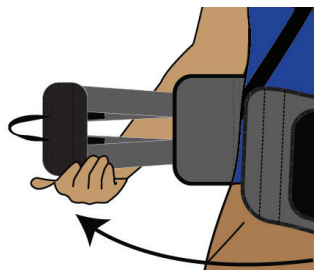
Leopard TL

Blue Diamond Orthopedic

WE GOT YOUR BACK

PUTTING YOUR BRACE ON

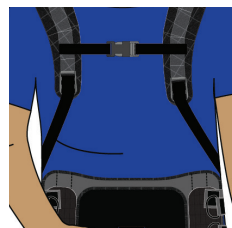
1. Pull the right Velcro strap oval off of the brace's front panel.



2. Either slip the Leopard brace over your head like a t-shirt or unbuckle the shoulder straps and put the brace on like a jacket.



3. Position the brace so it is centered on your back and comfortably aligned with your spine's curve.



4. Hold the front of the brace with your left hand and fasten the right strap oval to the right edge of the front.



5. Grasp the pull rings of the two lower straps and tighten them simultaneously. Repeat with the top straps.



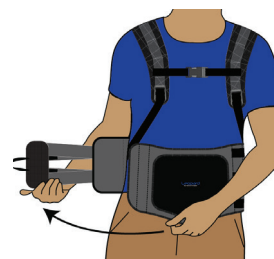
6. If you loosened the chest connector re-buckle it.

TAKING YOUR BRACE OFF

1. Loosen the Velcro straps in the front of the brace, placing the strap ends onto the vertical loop strips of the strap.



Hold the brace front with your left hand and pull the right Velcro strapping away from the front panel.



2. If you are unable to lift the brace over your head, unbuckle one of the shoulder straps and take it off like a jacket.



Take care that the Velcro does not touch knits or other fabrics, as it could cause damage.

CLEANING YOUR BRACE

Cleaning your Leopard TL brace is easy. For detailed disassembly instructions, see the on-line Leopard TL Brace Disassembly for Cleaning Guide. Follow the path below to download the pdf file.

www.bluedortho.com > Resources > Downloads