



CLEANING THE PANTHER

Hand wash the brace with mild soap and cool water. Dry flat between towels.



Hand Wash



Do Not Bleach



Dry Flat



Do Not Tumble Dry



Do Not Iron

WARRANTY

Blue Diamond Orthopedic warrants its spinal braces for one year from the date delivered.

TIPS FOR WEARING THE PANTHER

Wear a cotton t-shirt or similar garment under the brace.

You may wear the Panther directly against your skin, but this is not recommended. It's much easier to wash a t-shirt than to clean your brace.

If you visit the restroom frequently, you may choose to wear the Panther outside your clothing.

If donning the brace as suggested is difficult for you, an alternate method is to lay the brace flat on the bed and lie face-up on top of it. This will make it easier to tighten.

INSTRUCTIONS FOR Use

These instructions contain general guidelines for using and caring for your Panther brace. If your physician's specific orders differ in any way, those orders must supersede these guidelines.

If you experience pain or swelling while wearing your Panther brace, immediately contact the medical professional who supplied it.

Your Panther brace may have been provided off-the-shelf (OTS) or it may have been custom fitted. Any customization should have been performed by a medical professional.



Panther SL

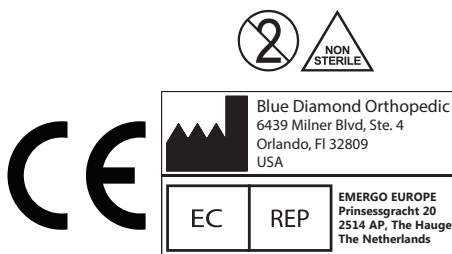
L0637 / L0650



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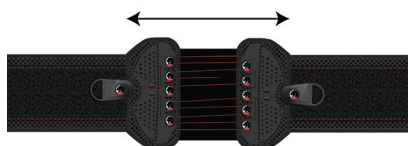
Panther SL

Blue Diamond Orthopedic

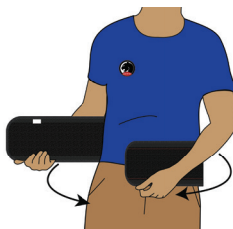
WE GOT YOUR BACK

PUTTING YOUR BRACE ON

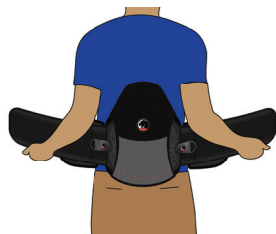
1. Loosen the pull handles and lightly tack them to the right and left of the rear pulley plates. Pull to extend the belts.



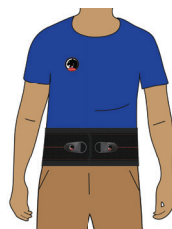
2. Holding the left belt end against the front of your body, fasten the right belt end with snug tension on top of the left belt end.



3. Position the brace so the back panel comfortably aligns with your spine's curve and is centered.

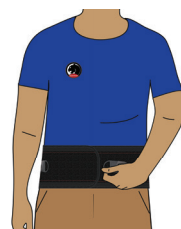


4. Pull both right and left pull handles simultaneously to a snug compression, then lay them down on the loop in front.

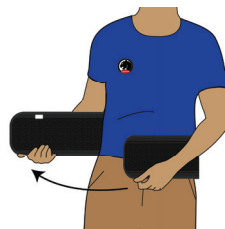


TAKING YOUR PANTHER OFF

1. Detach the pull handles and place them behind center on your right and left sides.



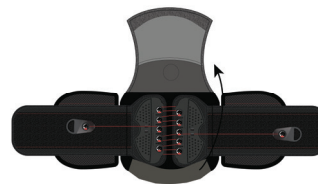
2. Detach the right belt end from the left belt the in front.



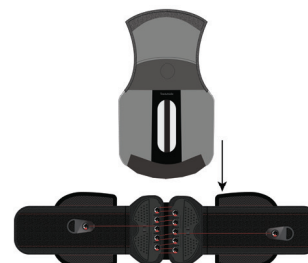
3. Store your Panther brace in a safe place, taking care that the Velcro hook doesn't stick to knits or looped fabrics.

DISASSEMBLING YOUR BRACE FOR CLEANING

1. Lift the back cover

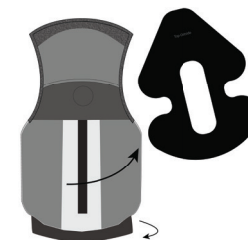


2. Detach the belt from the back assembly.

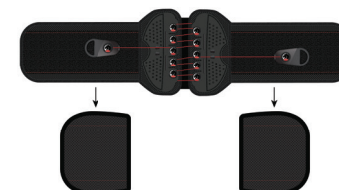


On steps 3 and 4 please note that the engraving is on the outside of the plastic plates and right side up. This will help you orient it correctly when reassembling the brace.

3. To remove the back plastic plate, fold the bottom Velcro loop down and remove the plate from the pouch one side at a time.



4. To remove the side pouches, pull them free from the inside of the belt, marking the spot where they were attached. (A small square of masking tape or a silver Sharpie marker works well for this.)



5. To remove the side plastic plates, slide them out of their pouches.

