

Blue Diamond Orthopedic

WE GOT YOUR BACK

Panther TLSL



CLEANING THE PANTHER

Hand wash the brace with mild soap and cool water. Dry flat between towels.



WARRANTY

Blue Diamond Orthopedic warrants its spinal braces for one year from the date delivered.

TIPS FOR WEARING THE PANTHER

Wear a cotton t-shirt or similar garment under the brace.

You may wear the Panther directly against your skin, but this is not recommended. It's easier to wash a t-shirt than to clean your brace.

If you visit the restroom frequently, you may choose to wear the Panther outside your clothing.

If donning the brace as suggested is difficult for you, an alternate method is to lay the brace flat on the bed and lie face-up on top of it. This will make it easier to tighten.

INSTRUCTIONS FOR USE

The instructions in this pamphlet contain general guidelines for using and caring for your Panther brace, including information on putting it on and taking it off.

If your physician's specific orders differ in any way, those orders must supersede these guidelines.

Should you experience pain or swelling while wearing your Panther brace, immediately contact your brace provider.



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www.bluedortho.com

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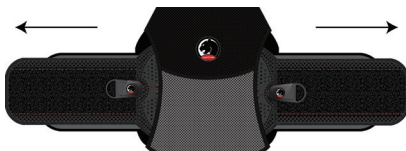
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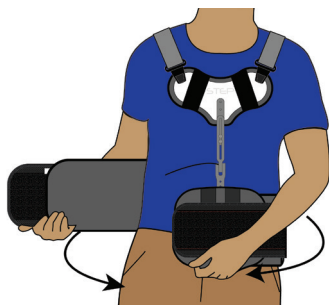
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PUTTING YOUR PANTHER ON

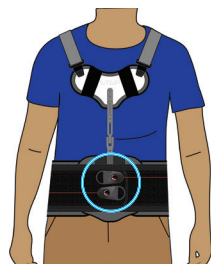
1. Place the pull handles near the rear of the belts. Pull the belt ends to extend the belt.



2. Make sure the STEP is centered on your chest and the back panel is centered on your spine, then velcro the right belt on top of the left.



3. Grasp both right and left pull handles and pull them simultaneously to tighten them, then lay them down on the front of the brace.

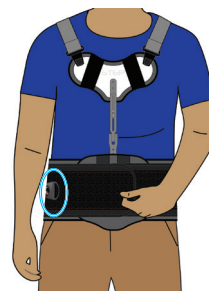


4. Connect the shoulder straps to the STEP using the snap buckles.

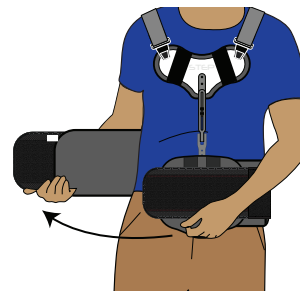


TAKING YOUR PANTHER OFF

1. Loosen the pull handles and place them to each side of the brace, towards the back.



2. Detach the right belt from the left belt.



3. Disconnect the shoulder straps by pressing the quick-snap buckles (or leave one side connected).



4. Pull on the belt ends to extend the belt.



5. Use the Panther hanger to store your brace when you're not wearing it.

CLEANING YOUR BRACE

To clean your Panther TLSL brace, you'll want to disassemble it. For detailed instructions, see the included Panther TLSL Brace Disassembly for Cleaning guide. If you no longer have it, you can find it at www.bluedortho.com.