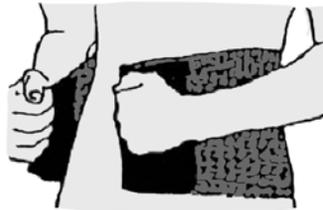


## Application Instructions

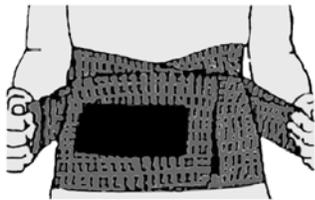
Bio Skin® supports should be applied to dry skin only. Oils, lotions and/or perspiration activate "SkinLok™" making correctly sized supports seem small and difficult to apply. This response to moisture should not cause confusion with respect to proper sizing. Always dry the body segment thoroughly prior to application.

Take the support with both hands and stretch the top and bottom of the brace two to three times. This helps break-in the material.

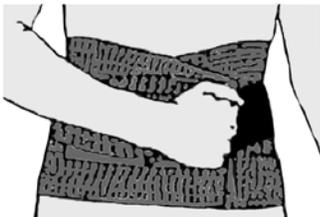
1. Detach the large "hook" and "loop" closure. With the "loop" in the left hand, wrap support around the middle of the low back.



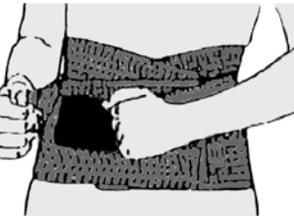
2. Lay left panel down first.



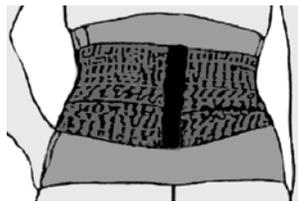
3. Attach right panel to left panel.



5. Lay the right Double Pull on left double pull.



4. Lay the left Double Pull on right panel.



6. To ensure proper placement, the bottom of the support should be placed at the base of the tailbone.



The Double Pull may be removed and worn by itself, or with either the Foam Pad or the Flexible Support.

### Flexible Lumbar Support

Provides Multi-Directional support



Convex position provides direct pressure against the spine in the lumbar area relieving minor sprains and strains



Concave position provides more pressure and control along the para-spinals relieving muscle strain and spasms

### Lumbar Pad

Offers a broad variety of pad positions to fit directly over the pain



Specifically targets the lumbar area between L2 and L5



### Thermal Insert

Heat and mold to back according to instructions printed on the package. Place in the pocket of the Back Skin™ System.



### Easy Care Instructions

Wash Bio Skin® regularly to prevent body salt and oil build-up that naturally occurs after the product has been worn a few times. Attach the hook to the loop to prevent lint build-up. This will give your Bio Skin® a longer life span.



**Cropper Medical, Inc.**  
 custserv@bioskin.com  
 800.541.2455  
 www.bioskin.com

